

Step 5: Create Your Personal Purpose Statement (part 2)



Homework

Review Last Week's Homework

1. Write your top 5 strengths here:

2. Write your core passion(s) here:

Create Your Personal Purpose Statement

The goal is to create a succinct description of what you and your calling are about. Ideally, it's about 3 to 4 words. Following are a few examples:

- speak life into humanity
- inspire meaningful proclivity
- connect need and talent

3. If you already have an idea of your personal purpose statement, write it here:

If you'd like some more structure, try using the following formula:

VERB + ADJECTIVE + YOUR PASSION

Following is a list of verbs and a list of adjectives in case you find those helpful.

Verbs

Achieve	Direct	Grow	Model	Shape
Activate	Discover	Guide	Motivate	Share
Add	Distill	Harvest	Move	Sharpen
Advocate	Draw	Heal	Navigate	Shepherd
Affirm	Drive	Hone	Nurture	Show
Align	Educate	Ignite	Optimize	Solving
Arm	Empower	Illuminate	Orchestrate	Spark
Arrange	Enable	Illustrate	Organize	Speak
Birth	Encourage	Impart	Paint	Spread
Bolster	Energize	Improve	Perform	Start
Boost	Engage	Initiate	Plant	Steer
Brighten	Enhance	Inject	Point	Stimulate
Bring	Enlighten	Innovate	Power	Strategize
Broadcast	Enrich	Insert	Preserve	Strengthen
Build	Equalize	Inspire	Produce	Stretch
Call	Equip	Instigate	Promote	Support
Capture	Establish	Instill	Pronounce	Sway
Celebrate	Exchange	Instruct	Provide	Switch
Challenge	Excite	Integrate	Purify	Teach
Clarify	Facilitate	Intensify	Rally	Tell
Clear	Fan	Invigorate	Reconcile	Train
Coach	Fill	Launch	Reconnect	Uncover
Connect	Find	Lay	Recreate	Unite
Convince	Fly	Lead	Refocus	Unleash
Coordinate	Focus	Liberate	Reframe	Unlock
Craft	Forge	Lift	Restore	Voice
Create	Form	Magnify	Return	Warm
Cultivate	Free	Marshal	Revitalize	Win
Deepen	Fuel	Maximize	Revolutionize	Woo
Deliver	Gather	Mend	Sculpt	
Develop	Give	Mentor	Shake	

Adjectives

abundant	energizing	intense	organic	traditional
balanced	essential	intentional	peaceful	transparent
bold	exponential	intimate	permanent	ultimate
broad	fair	joyful	personal	unchanging
business	free	lasting	practical	uncommon
clear	fully	lively	productive	unique
common	fun	loving	professional	universal
community	genuine	meaningful	profitable	unrestrained
contagious	glorious	memorable	revolutionary	useful
courageous	gregarious	natural	satisfying	victorious
deep	hidden	necessary	serious	widespread
distinctive	holistic	needed	significant	
effective	individual	new	solid	
efficient	influential	optimal	sticky	
energetic	innovative	optimistic	timely	

3. Write your personal purpose statement. It doesn't have to be perfect and it's not set in stone. You may need several more revisions before you feel it captures the essence of what you are about.
