

Review Last Week's Homework

1. Spend an hour or more meditating on your Personal Purpose Statement, by yourself with no TV, phone or other distractions. Read it and re-read it. What can you see yourself doing to fulfill your life's purpose? What might it look like? If you are married, do this exercise together. Write some ideas here.

This image shows a full page of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The left edge of the paper shows a slight shadow, suggesting it's part of a bound notebook or folder. The overall appearance is clean and ready for writing.

2. If you're having a hard time coming up with some ideas on what you might like to do, try some online searches on one or more of the words in your Personal Purpose Statement.

List any interesting finds here.

3. Find out who is already doing what you'd like to do (e.g. organizations, businesses, authors, leaders, professionals and volunteers) and list them below.

4. If necessary, find out what it takes to get involved in that work. Read books, interview people, hang out in organizations and talk with people.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

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